

Calderdale Health Forum (CHF) Notes – Tuesday, 17 December 2019

1. Your Space Discussion

All attendees were asked to think about topic points that were important to them to discuss in their group, to look at solutions and share each other's understanding on each topic. There were three topics chosen, which were:

Mental Health Patient Access

- More training needed for receptionists on mental health awareness
- Quiet room for patients/private space – can this be made available in all surgeries?
- Befriending benches in the park?
- Profiles of roles of staff in surgery, so patients aren't so reluctant to see nurses and demand GP appointments

Question: what are the qualifications for social prescriber role?

Healthy Minds website information:

<http://www.healthymindscalderdale.co.uk/> (information on the Healthy Minds Wellbeing Walk around Stainland deer park are attached)

Patient Transport

- Average age attending GPs increasing, who have difficulty with mobility, restricted monies and lonely
- GPs more aware of what patient transport available to get appointments
- More publicity of what is available to signpost patients/carers to

Actions: PRGs to look at how patient transport is promoted in the surgery currently. Suggested that practice staff add code 'patient transport' to front screen on patient record on System One. Add information on surgery websites – links below. Leaflets on the service will be brought by a PPG member to next CHF for everyone to distribute at their own surgery. Ask in own PRGs how PRGs can help to promote/navigate services to patients.

Age UK Home from hospital seamless service:

<https://www.ageuk.org.uk/calderdaleandkirklees/our-services/home-from-hospital/>

Calderdale Community Transport Scheme:

<https://www.ctcalderdale.co.uk/>

MMR Uptake

- Agreed to go back in own PRGs/surgery and check what the MMR uptake is
- Ask what the surgery is doing about the non-uptake
- Compare the figures to National Averages to see how each surgery is doing

MMR information – NHS choices:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

'**PANDAS**' (pediatric autoimmune neuropsychiatric disorders associated with streptococcus) – Information to be shared at the next CHF for PRGs to distribute

2. Primary Care Networks (PCNs) Update/Next Steps

The Business Manager at Bankfield Surgery answered a query raised during the 'Your Space' discussion which queried why PCNs had been introduced. The group was advised that this was a decision made by central government. The requirement had been to establish networks of practices supporting 30-50k patients. Benefits were that they should be small enough to provide the personal care valued by both patients and GPs, but large enough to have impact and economies of scale through better collaboration between practices and others in the local health and social care system. In addition the networks would be required to provide an out of hours service (this could be done by rotating access between the surgeries in the network).

The group was advised that the local PCNs had been recruiting to Social Prescriber and Pharmacist roles and in future would be looking at appointing Physiotherapists to work across the practices in each network. The networks would consider bringing in new services which were not already provided by practices.

Networks were also considering joining the Patient Participation Groups across their network with the Social Prescriber roles facilitating the meetings and other activities.

3. CCG Update/ 'You Said: We Did'

Due to the overrunning of the previous items it was agreed that the update information below would be circulated in the minutes.

Looking out for our neighbours' winter campaign launched on Monday 16 December

The launch of the winter phase of the campaign aims to once again inspire people to reach out to those who live alone and encourage them to do simple things that will make a real difference to their neighbours' wellbeing. This could be anything from offering to pick up something from the shops when the weather is bad, to gritting their paths and drives, to inviting people who live alone to celebrate the festive season together. You can read more [here](#) or better still get tips on how you could help [here](#): #OurNeighbours Join the movement to tackle loneliness.

Alternative Provider Medical Services (APMS) consultation

Two APMS contracts are held within Calderdale are due to expire on 31 March 2020. The APMS practices are Meadow Dale Group Practice (delivered by Virgin Care LLP) in Ovenden, Elland and Sowerby Bridge and Park & Calder Community Practice (Delivered by Locala CIC) in Central Halifax and Todmorden. APMS contracts cost twice that of a General Medical Services (GMC) or Primary Medical Services (PMS) contract which are the regular GP contracts.

The purpose of the consultation was to capture the views of the patients of the two APMS practices on the plan to not to renew the APMS contracts and seek their views on the impact this may have on them. The CCG launched a consultation on 28 October for 6 weeks. A report of findings is currently being drafted. Below are some of the high level themes

- Availability of appointments
- Capacity at other GP practices
- Travel and transport
- Continuity of care
- Concerns about returning to a practice where patients have previously been registered

The above is a very short snap shot; please go to our website [here](#) for more detailed information about the APMS contracts and the consultation.

CCG Patient and Public Involvement Lay Representative –The group was advised that a new lay representative had been appointed by the CCG and further details would be provided to the Health Forum members when the notes were circulated.

Primary Care Networks (PCNs) Webpage on CCG website: During the discussion on PCNs at the last meeting an action was agreed to ask about having a PCN section on the CCG website. The Communications Team at the CCG had advised that there would be a PCN section on the Calderdale Cares Section of the website (not yet live).

4. Key Messages and Feedback to the Practice Managers Group

- More training needed for receptionists on mental health awareness
- Practice staff to add code 'patient transport' to front screen on patient record on System One. Add information on surgery websites about transport options available

5. Showcasing PRG Activity

The CCGs senior engagement officer advised that following on from the discussion at the last meeting regarding Patient Participation Group (PPG) involvement during 2019 she would be sending out a questionnaire for PPGs to complete and return by 31 January 2020 (enclosed on page 5).

The information would then be collated and fed back at the next meeting of the Health Forum in March along with showcasing the work which PPGs wanted to highlight. The questionnaire would be sent out with the minutes.

It will be an opportunity to share learning, raise where there are barriers with PRG development and to celebrate achievements.

healthy minds
Calderdale Wellbeing

Kick start the New Year with a
Healthy Minds
Wellbeing Walk
 around
Stainland Deer Park!

WHERE
 Meet at the Car Park in the Centre of Stainland
 Take 539 from Stand B3 at Halifax Bus Station

WHY
 Our friendly, fun walks are for people who may be struggling with low mood and want to get out there, meet new, like-minded people, feel fitter and feel good!

WHEN
 THURSDAY
 JANUARY 9th
 At 1pm

WHAT YOU NEED TO KNOW

This pleasant stroll will take in the sights of the Deer Farm before heading to Victoria Shaw Park. If the weather's good enough and everyone's up for it, we'll head to the moors skirting the golf course before heading back to the car park.

You will be led by two experienced Walk Leaders who will make you very welcome!

The walk will take around two hours at a relatively gentle pace. You should note though that there are a couple of rocky spots and steepish ascents and descents.

You should be reasonably fit, wear sturdy footwear and bring some water and snacks.

Not suitable for pushchairs or wheelchairs. Dogs on leads welcome (please note there will be deer!).

We'll have a brew at the end at 1885 The Pub.

Please contact Cath on 01422 345154 or cath@healthymindscalderdale.co.uk to book!

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The next meeting of the Calderdale Health Forum would be held on Tuesday, 17 March 2020 commencing 5.30-7.30pm in the Bay Area Board Room, Elsie Whiteley Innovation Centre, Hopwood Lane, Halifax, HX1 2YS.

CALDERDALE HEALTH FORUM A LOOK BACK AT PRG INVOLVEMENT DURING 2019

WHAT IS YOUR PRG CALLED?		
WHICH PRIMARY CARE NETWORK ARE YOU IN?		
WHAT HAS YOUR PRG ACHIEVED OVER THE LAST YEAR?		
HOW MANY MEETINGS HAS YOUR PRG HELD OVER THE LAST YEAR?	Face to face	Virtual
HOW MANY PEOPLE ATTENDED IN TOTAL?		
HAVE YOU RECRUITED ANY NEW MEMBERS IN THE LAST 12 MONTHS? IF YES, HOW MANY AND HOW DID YOU RECRUIT?		
IS THERE ANYTHING YOU WOULD LIKE TO SHOWCASE AT THE CALDERDALE HEALTH FORUM THAT YOUR PRG OFFERS/HAS DONE?		
DOES YOUR SURGERY ALSO HAVE HEALTH CHAMPIONS? IF YES, WHAT HAVE THEY BEEN INVOLVED IN THE PRACTICE OVER THE LAST YEAR?		

Please complete this proforma to tell the CCG what your Patient Reference Group (PRG) has been involved in during 2019. We would like to showcase your involvement at the March 2020 Calderdale Health Forum meeting to share the learning.